

Twins and Birth Choices

If you happen to be pregnant with twins or a greater number of babies, you will want to research all your birthing options very carefully.

The two biggest concerns with having multiples are that one or both of the babies may be breech and that you may bleed too much (hemorrhage) after the birth.

We do believe that is possible to have a safe birth in most cases with multiples. We do, however, believe that what makes it safe is having experienced, fully competent careproviders and assistants in attendance.